

**ARMIDALE / URALLA MEALS
On WHEELS INC.**

P O Box 1608
ARMIDALE NSW 2350

Phone: (02) 67728970

E-mail: info@aumow.org.au

Office Hours of Business:

Monday to Friday

9am to 2pm

Closed on Public Holidays

In addition to weekends, our office will be
closed on the following dates:

Public Holidays

SOMETIMES
THE RIGHT PATH
IS NOT
THE EASIEST ONE.



**Australian Government
Department of Social Services**



**P O Box 1608
Armidale**

Phone: 6772 8970

Email :

info@aumow.org.au

**INSIDE THIS
ISSUE:**

**From the
Coordinators
desk...**

Committee News

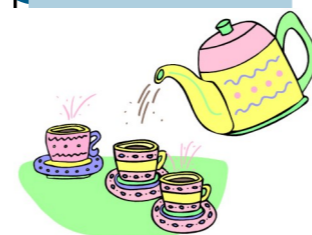
Client Notices



Do you eat a small meal? We now have smaller meals for a reduced cost? Just tick the box on your menu.

**Seniors Week
Afternoon Tea
Thursday 7th April
@ 2pm**

(transport available)



Armidale/Uralla Meals on Wheels

AUTUMN NEWSLETTER

AUTUMN 2016

Welcome to our Newsletter

There is always a lot happening here. We are leading up to another busy time of the year.—Easter. Please ensure you let us know if you are going to be away over the Easter period. Menu's have already gone out to our clients— please ensure you return them promptly to ensure you receive the meal you have requested.



More than just a meal

Volunteers

Do you have an email address?

We are going to try emailing drivers to eliminate some of the time we spend on the phone on a daily basis. If you do not need a reminder as you have your rostered days on your calendar at home, please let us know.

To All Volunteers



AS part of our funding guidelines all volunteers must be identifiable to our clients.

To meet this requirement we now have name cards that can be attached to a lanyard.

This procedure will commence from 1st April.

Your name cards will be held at the office and available on the sign in desk on any day that you are delivering meals.

We would ask that you leave your name card & lanyard back in the spot on the desk as you return.

Many thanks

Meals on Wheels Management

STAFF NEWS

Karina & Frances have recently left us, we wish them all the best in future endeavors.

Kara has joined us as a Casual Admin assistant, she will be in the office Monday's & Tuesday's.

We will be advertising for the vacant kitchen roles soon.

From the Coordinators' Desk....



Jo Heslin
Coordinator

Greetings from our very busy premises!!

February has given us another record month of very close to 3000 meals. The growth has been large over the past few months & continues which has led the organisation to look at its operations and in particular the kitchen staffing. This is to ensure we are future proofed as numbers grow and to ensure we continue to meet our high level of food safety.

This review has been finalized and there are some new positions created in the kitchen, this has meant that there may be some staff changes.

Its nearly time for us to review and update our menu as the new Winter season approaches, if you have a favourite meal that you would like to see on our menu please call us & let us know.

I am looking forward to Seniors week & in particular our afternoon tea which will include some stall holders for you to browse. All volunteers & clients are welcome to come, the cost is \$5 per head and will include afternoon tea. There is transport available if required. Please call the office to register.

Anyone can refer someone for meals, no Doctors referral is necessary. Self referrals are also accepted.

I would like to take this opportunity to say thanks to all you have made donations to our service and all who assist to deliver a smile to our clients, we wouldn't have a service without your continued support..

Kind Regards, Jo Heslin



Client Notices

Service Free Days (no meal delivery):

Good Friday 25th March / Easter Monday 28th March
Anzac Day 25th April

Una Edmunds has gone into care, we wish her all the best.

Please try to return your menus promptly so we can ensure you get the meal you ordered—Thank you



News



Do you still wish to receive juice with your meal package. Some of our clients have decided to cancel their complimentary juice as they do not drink it. Please let us know if you wish to cancel your juice.

New Winter Menu Coming soon

Cottage Pie

Winter Beef casserole

Sweet Lamb Curry

Chicken Satay

Soups & sandwiches will remain along with a salad once a week

'Just to name a few'



Our Committee news.....

Edward Yeoman has recently resigned from the Committee of Meals on Wheels .

The Committee would like to thank him for his contribution and wishes him all the best.

MY AGED CARE

For all your Home support needs including meals, transport, house-keeping & personal care

1800 200 422

www.myagedcare.gov.au

Volunteer Drivers

We are currently reviewing & updating all our driver rosters so we can start an advertising campaign to attract some more volunteers.

We will only notify you if there is to be a change to your roster.

If you know someone who would like to become part of our team, please let them know that we have information packs at the office.

We now have a volunteer orientation manual—if you would like one, they are available at the office.

